

## Notices

### **Institute for the Advancement of Health**

The IAH was founded in 1983 with a view to furthering the scientific understanding of how mind/body interactions affect health and disease. As well as promoting sound research, the Institute serves as a clearing house for information and research findings and aims to encourage communication between researchers, the health-care community and the public. It publishes annotated bibliographies, of which three have so far appeared: **Mind and Immunity: Behavioural Immunology; Disorders of the Heart and Blood Vessels**; and **Disorders Associated with the Immune System**. Its quarterly journal is entitled **Advances**. The Autumn 1986 issue will be of particular interest to Members. It contains reports and discussions about mind-bodyhealth investigations from 15 countries, and includes research overviews, reports on specific topics and theoretical perspectives. Subscriptions are \$ 35 pa (including **Advances**). Their address: 16 East 53rd Street, New York, NY1 0022.

### **Institute of Noetic Sciences**

Members may be more familiar with the writings of the President, Willis Harman, than with the Institute per se. Its purpose is to expand knowledge of the nature and potentials of the mind, and apply that knowledge to the advancement of health and well-being for humankind and the planet. Aside from its continuing peace programme, the major current concern of the Institute is research into the inner mechanisms of the healing response. Investigations under way include psychoneuroimmunology, multiple personalities, positive emotions, the placebo effect, spiritual healing and the integration of outer and inner sciences. Their latest special report by Brendan O'Regan is entitled **Healing, Remission and Miracle Cures**. A quarterly review full of stimulating articles was launched in December: the latest issue includes Rupert Sheldrake on Science and the Spirit and an article by Candace Pert on Neuropeptides. Membership is \$35 pa. Their address: 475 Gate Five Road, Suite 300, Sausalito, California CA 94965.

### **Brain Mind Bulletin**

If a sufficient number of readers is interested, it may be possible to order the bulletin at the reduced rate of \$20 pa (normally \$25). Also available are a series of theme packs collected from the first ten years of BMB. These include Biofeedback, Medicine, Psychiatry, Perception/Memory, Meditation, Drugs - 18 themes in all. Further details available (send long SAE) from the Director.

### **St James's Church Piccadilly**

The Healing Ministry at the church, which had its inception in lay ministry, is developing a professional and clinical role to serve the entire community; it is now seeking one or two doctors to join a holistic team (currently healer, acupuncturist, homoeopath, osteopath and health educator) to design and implement a holistic health assessment and monitoring scheme and supervise a self-care programme. Anyone interested should contact Ranjan, St James's Clinic, 197 Piccadilly, London W1 V 9LF. Tel: 01 -734-451 1.

### **Yoga Biomedical Trust**

The Trust is setting up an Information Exchange Group on Yoga and Medical Practice in the light of evidence suggesting that yoga can help many people with chronic and stress-related disorders and with rehabilitation from surgery. The group will put GPs and hospitals in touch with local yoga teachers. Membership is open to yoga teachers, doctors, nurses, physiotherapists, occupational therapists and other medical workers. The Trust also has an Information Exchange Group on Yoga for a Healthy Old Age; and it has published bibliographies on Yoga Research and Mind-Body Therapies.

Further details (send large SAE) from Yoga Biomedical Trust, PO Box 140, Cambridge CB1 1 PU.

### **Healer Training Course**

This course is organised by Elizabeth St John of the Association of Therapeutic Healers and Celia Macnab of Expanding Horizons. It runs from September to June and is limited to 20 people. The curriculum includes healing technique and self-development as a healer, healing through energy centres, meditation, basic counselling, the meaning of illness, death and dying, and use of colour, sound, breath and movement.

Further details from Celia Macnab, 95 Constantine Road, London NW3 2 LP Tel. 01-485-7656.

### **The Health University, Linköping, Sweden.**

This initiative is the result of an integration of State and County Council education programmes for health personnel in a common organisation: "it is concerned above all with the pedagogical renewal of both the form and content of the educational programmes. Integration, problem-orientation, early contact with the patient, and research connections are some key concepts".

Details: Health University, S-581 83 Linköping, Sweden.

### **International Association for Integrative Education**

The central concern of this Association is the relationship between education and world conditions and the need for educational programmes and practices that can help us respond more adequately to the problems of our age. It aims to address the various dimensions of world crisis in the capacity as expressions of the quality and content of consciousness - awareness, attitudes, interests, knowledge, understanding and values.

Address: Dr Mark Braham, International Association for Integrative Education, CP 345, 1290 Versoix (GE), Switzerland.

### **Pelegrin Trust**

The Pelegrin Trust is a registered charity which aims to publish books concerned with spiritual values that are not likely to be undertaken by commercial publishers.

Manuscripts of a suitably high standard are considered, whether academic or non-academic in their approach, and out-of-print titles, classics in this field, are reissued.

Trust titles are published and distributed in association with Pilgrim Books, Lower Tasburgh, Norwich, NR15 1LT. Their future list will include Mabel Beatty's **Man Made Perfect**, available

in November, and two from Raynor C. Johnson, **A Religious Outlook for Modern Man** in January and **Watcher on the Hills** in March 1988.

### **Holistic AIDS Research Trust**

Diagnosis of cancer used to be thought of as a death sentence. AIDS is now being seen in the same way. But now, like cancer, AIDS is being successfully treated with a holistic approach.

American experience shows that protocols for healing the mind, the body and the spirit produce remissions often lasting years. It has also been demonstrated that people who are HIV positive or have ARC (AIDS-related conditions), or have the opportunistic infections associated with AIDS, can use natural treatment methods to enhance their immune systems. The Research Trust is being set up to make these facts as widely known as possible.

Further details and information: Holistic AIDS Research Trust, 17 Egremont Place, Brighton, East Sussex, BN2 2GA.

### **NDE Video**

This 45-minute film of eight people who have been through a near-death experience has been specially designed for Hospices and Health Clinics, schools and colleges, Cancer Centres and all types of religious institutions. It has been made to TV standard and provides a focus for discussion by groups interested in the exploration of man's spiritual nature or those caring for the terminally ill. It will be shown at the Wrekin Trust Death Conference on 24th October. Prior to that date it can be ordered for £23.50 (p & p inclusive) or afterwards for £26.00.

Further details from Michaelmas Trust, 10 Irene Road, London SW6 4AL.

Orders directly to Wrekin Trust, Runnings Park, Croft Bank, West Malvern, Worcs, WR 1 4 4BP. Cheques to Wrekin Trust.

### **Indian Leprosy Centre**

Friend Tanya Schwarz, travelling in India, has sent back a report on Shantivan, a leprosy centre near Bombay. There are 70 in-patients, all of whom work, plus resident voluntary workers. The aims of the Centre are to eradicate leprosy in the area and teach handicrafts to the surrounding villagers with a view to making them as self-sufficient as possible.

On her return to England at the end of September, Tanya intends to raise some money for the Centre and is planning a sponsored fast on December 27th (perhaps no bad thing after the Christmas festivities!) If you would like (a) to send a donation (cheques to Shantivan), (b) to take part in the fast or sponsor her to do so, (c) to receive further information, or (d) to suggest sponsoring organisations, you could write to her, preferably at the end of September, at Greenacres, Abberton, Nr. Colchester, Essex.